

Event Name	Participant	Status
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Tue 09/16/2025 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Wed 09/17/2025 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Thu 09/18/2025 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Thu 09/25/2025 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Wed 10/01/2025 3:15 pm - 4:15 pm North Salem MS/HS MS/HS Weight Room	North Salem Middle/High School Fitness Center	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Tue 10/07/2025 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Wed 10/08/2025 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Thu 10/09/2025 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Tue 10/14/2025 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Wed 10/15/2025 3:15 pm - 4:15 pm	North Salem Middle/High School Fitness Center	Active

Location		
North Salem MS/HS MS/HS Weight Room		
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Thu 10/16/2025 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Tue 10/21/2025 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Wed 10/22/2025 3:15 pm - 4:15 pm North Salem MS/HS MS/HS Weight Room	North Salem Middle/High School Fitness Center	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Thu 10/23/2025 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Wed 10/29/2025 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Thu 10/30/2025 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Tue 11/04/2025 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Wed 11/05/2025 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Thu 11/06/2025 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active

Event Name	Participant	Status
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Wed 11/12/2025 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Thu 11/13/2025 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Wed 11/19/2025 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Tue 11/25/2025 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Wed 12/03/2025 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Tue 12/09/2025 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Wed 12/10/2025 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Thu 12/11/2025 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Tue 12/16/2025 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Wed 12/17/2025 3:15 pm - 4:15 pm	Fitness Center North Salem Middle/High School	Active

Location		
MS/HS Weight Room North Salem MS/HS		
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Thu 12/18/2025 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Tue 01/06/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Wed 01/07/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Thu 01/08/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Tue 01/13/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Wed 01/14/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Thu 01/15/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Wed 01/21/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Thu 01/22/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active

Event Name	Participant	Status
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Tue 01/27/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Wed 01/28/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Thu 01/29/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Tue 02/03/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Wed 02/04/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Thu 02/05/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Tue 02/10/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Wed 02/11/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Thu 02/12/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Tue 02/24/2026 3:15 pm - 4:15 pm	Fitness Center North Salem Middle/High School	Active

Location		
MS/HS Weight Room North Salem MS/HS		
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Wed 02/25/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Thu 02/26/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Tue 03/03/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Wed 03/04/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Thu 03/05/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Tue 03/10/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Wed 03/11/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Thu 03/12/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Tue 03/17/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active

Event Name	Participant	Status
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Wed 03/18/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Tue 03/24/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Wed 03/25/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Thu 03/26/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Tue 04/07/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Wed 04/08/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Thu 04/09/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Tue 04/14/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Wed 04/15/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Tue 04/21/2026 3:15 pm - 4:15 pm	Fitness Center North Salem Middle/High School	Active

Location		
MS/HS Weight Room North Salem MS/HS		
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Wed 04/22/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Thu 04/23/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Tue 04/28/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Wed 04/29/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Thu 04/30/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Tue 05/05/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Wed 05/06/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Thu 05/07/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Tue 05/12/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active

Event Name	Participant	Status
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Wed 05/13/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Thu 05/14/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Tue 05/19/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Wed 05/20/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active
<b>Fitness Center Work Outs Grades 7-12 ONLY</b> Thu 05/21/2026 3:15 pm - 4:15 pm MS/HS Weight Room North Salem MS/HS	Fitness Center North Salem Middle/High School	Active