

| Date | Start | End | Event Name | Location |
|---------------------------|--------------------|--------------------|--|---|
| Sat 03/26/2022 | 9:00 am | 11:00 am | Varsity Boys Lacrosse Practice | MS Gym |
| Sat 03/26/2022 | 9:00 am | 11:00 am | Varsity Girls Lacrosse Practice | HS Gym |
| Sat 03/26/2022 | 2:00 pm | 4:00 pm | Varsity/JV Baseball Scrimmage @ RC Ketcham | Roy C Ketcham Senior High School |
| Mon 03/28/2022 | All Day | All Day | Modified Spring Sports Begin | N/A |
| Mon 03/28/2022 | 2:30 pm | 4:45 pm | Modified Girls Lacrosse Practice 1/2 Gym | HS Gym |
| Mon 03/28/2022 | 2:30 pm | 4:00 pm | Modified Spring Track Practice | Tompkins Field |
| Mon 03/28/2022 | 2:30 pm | 4:00 pm | Varsity Boys Lacrosse | Tompkins Field |
| Mon 03/28/2022 | 2:30 pm | 5:00 pm | Varsity Girls Lacrosse Practice | Purdys Field |
| Mon 03/28/2022 | 2:30 pm | 4:45 pm | Modified Boys Lacrosse Practice 1/2 Gym | HS Gym |
| Mon 03/28/2022 | 2:45 pm | 5:00 pm | Modified Baseball Practice | MS Gym |
| Mon 03/28/2022 | 2:45 pm | 4:15 pm | Varsity Spring Track Practice | Tompkins Field |
| Mon 03/28/2022 | 3:00 pm | 5:00 pm | JV Baseball Practice | Volunteers Park - Baseball Field |
| Mon 03/28/2022 | 3:00 pm | 4:00 pm | Varsity Golf Practice | HSMS Grounds |
| Mon 03/28/2022 | 4:00 pm | 5:15 pm | JV Baseball Practice | MS Gym |
| Mon 03/28/2022 | 4:15 pm | 5:45 pm | Varsity Softball Practice | PQ Elementary |
| Mon 03/28/2022 | 4:30 pm | 6:30 pm | Varsity/JV Baseball Scrimmage @ Carmel | Carmel High School |
| Mon 03/28/2022 | 5:00 pm | 6:00 pm | Modified Meet the Coach and AD Night - Spring Sports | HS Gym |
| Mon 03/28/2022 | 5:00 pm | 7:00 pm | Varsity Baseball Practice | MS Gym |
| Tue 03/29/2022 | 2:45 pm | 4:30 pm | Modified Baseball Practice | MS Gym |
| Tue 03/29/2022 | 3:00 pm | 5:00 pm | Modified Girls Lacrosse Practice 1/2 Gym | HS Gym |
| Tue 03/29/2022 | 3:00 pm | 4:30 pm | Varsity Golf Practice | HSMS Grounds |
| Tue 03/29/2022 | 3:00 pm | 4:30 pm | Modified Boys Lacrosse Practice 1/2 Gym | HS Gym |
| Tue 03/29/2022 | 3:00 pm | 4:30 pm | Modified Spring Track Practice | Tompkins Field |
| Tue 03/29/2022 | 3:00 pm | 5:00 pm | JV/Varsity Baseball Practice | MS/HS Baseball Field |
| Tue 03/29/2022 | 3:00 pm | 4:30 pm | Varsity Boys Lacrosse Practice | Tompkins Field |
| Tue 03/29/2022 | 3:00 pm | 4:30 pm | Varsity Spring Track Practice | Tompkins Field |
| Tue 03/29/2022 | 3:15 pm | 5:15 pm | Varsity Girls Lacrosse Practice | Purdys Field |
| Tue 03/29/2022 | 3:30 pm | 4:45 pm | Varsity Softball Practice | PQ Softball Field |
| Wed 03/30/2022 | 3:00 pm | 4:30 pm | Modified Spring Track Practice | Tompkins Field |
| Wed 03/30/2022 | 3:00 pm | 4:30 pm | Varsity Golf Practice | HSMS Grounds |
| Wed 03/30/2022 | 3:00 pm | 4:30 pm | JV Baseball Practice | MS/HS Baseball Field |
| Wed 03/30/2022 | 3:00 pm | 5:00 pm | Varsity Baseball Practice | MS/HS Baseball Field |
| Wed 03/30/2022 | 3:00 pm | 4:45 pm | Modified Baseball Practice | MS Gym |
| Wed 03/30/2022 | 3:00 pm | 4:30 pm | Varsity Boys Lacrosse Practice | Tompkins Field |
| Wed 03/30/2022 | 3:00 pm | 4:30 pm | Varsity Spring Track Practice | Tompkins Field |
| Wed 03/30/2022 | 3:00 pm | 4:30 pm | Modified Boys Lacrosse Practice | HS Gym |
| Wed 03/30/2022 | 3:15 pm | 5:15 pm | Varsity Girls Lacrosse Practice | Purdys Field |

| Date | Start | End | Event Name | Location |
|---------------------------|--------------------|--------------------|---|--------------------------------|
| Wed 03/30/2022 | 3:30 pm | 4:45 pm | Varsity Softball Practice | PQ Elementary |
| Thu 03/31/2022 | 2:45 pm | 4:30 pm | Modified Baseball Practice | MS Gym |
| Thu 03/31/2022 | 3:00 pm | 4:30 pm | Varsity Golf Practice | HSMS Grounds |
| Thu 03/31/2022 | 3:00 pm | 4:30 pm | Modified Spring Track Practice | Tompkins Field |
| Thu 03/31/2022 | 3:00 pm | 3:45 pm | JV Baseball Practice | MS/HS Baseball Field |
| Thu 03/31/2022 | 3:00 pm | 4:30 pm | Modified Boys Lacrosse Practice 1/2 Gym | HS Gym |
| Thu 03/31/2022 | 3:00 pm | 4:30 pm | Modified Girls Lacrosse Practice 1/2 Gym | HS Gym |
| Thu 03/31/2022 | 3:15 pm | 5:15 pm | Varsity Girls Lacrosse Practice | Purdys Field |
| Thu 03/31/2022 | 3:30 pm | 5:45 pm | Varsity Softball Practice | PQ Elementary |
| Thu 03/31/2022 | 4:30 pm | 6:00 pm | Varsity Spring Track @ Somers - Tusker Twilight | Somers High School |
| Thu 03/31/2022 | 4:30 pm | 6:00 pm | Varsity Boys Lacrosse Practice | HS Gym |
| Thu 03/31/2022 | 4:30 pm | 6:30 pm | Varsity Baseball vs. Valhalla | MS/HS Baseball Field |
| Fri 04/01/2022 | 2:30 pm | 4:00 pm | Varsity Golf Practice | HSMS Grounds |
| Fri 04/01/2022 | 2:30 pm | 4:00 pm | Modified Spring Track Practice | Tompkins Field |
| Fri 04/01/2022 | 2:30 pm | 4:30 pm | Modified Girls Lacrosse Practice 1/2 Gym | HS Gym |
| Fri 04/01/2022 | 2:30 pm | 3:45 pm | Modified Boys Lacrosse Practice 1/2 Gym | HS Gym |
| Fri 04/01/2022 | 2:45 pm | 3:45 pm | Modified Baseball Practice | MS Gym |
| Fri 04/01/2022 | 2:45 pm | 4:15 pm | Varsity Spring Track Practice | Tompkins Field |
| Fri 04/01/2022 | 3:15 pm | 5:15 pm | Varsity Girls Lacrosse Practice | Purdys Field |
| Fri 04/01/2022 | 3:30 pm | 4:45 pm | Varsity Softball Practice | PQ Elementary |
| Fri 04/01/2022 | 3:30 pm | 5:00 pm | JV Baseball Practice | MS Gym |
| Fri 04/01/2022 | 4:15 pm | 6:00 pm | Varsity Baseball Practice | MS Gym |
| Fri 04/01/2022 | 4:30 pm | 6:30 pm | Varsity Boys Lacrosse @ Brewster | Brewster High School |
| Sat 04/02/2022 | 9:00 am | 11:00 am | Varsity Boys Lacrosse Practice | Tompkins Field |
| Sat 04/02/2022 | 9:00 am | 10:30 am | Varsity Softball Practice | PQ Elementary |
| Sat 04/02/2022 | 10:00 am | 12:00 pm | JV Baseball @ Blind Brook | Blind Brook High School |
| Sat 04/02/2022 | 1:00 pm | 3:00 pm | Varsity Baseball @ Blind Brook | Blind Brook High School |
| Sat 04/02/2022 | 4:30 pm | 6:30 pm | Varsity Boys Lacrosse @ Pawling | Pawling High School |
| Sat 04/02/2022 | 5:00 pm | 7:00 pm | Varsity Girls Lacrosse @ Scarsdale | Scarsdale Senior High School |
| Mon 04/04/2022 | 2:30 pm | 4:00 pm | Varsity Boys Lacrosse | Tompkins Field |
| Mon 04/04/2022 | 2:30 pm | 4:00 pm | Varsity Golf Practice | HSMS Grounds |
| Mon 04/04/2022 | 2:30 pm | 4:30 pm | Modified Girls Lacrosse Practice 1/2 Gym | HS Gym |
| Mon 04/04/2022 | 2:30 pm | 4:00 pm | Modified Spring Track Practice | Tompkins Field |
| Mon 04/04/2022 | 2:30 pm | 4:30 pm | Modified Boys Lacrosse Practice 1/2 Gym | HS Gym |
| Mon 04/04/2022 | 2:45 pm | 4:30 pm | Modified Baseball Practice | MS Gym |
| Mon 04/04/2022 | 3:15 pm | 5:15 pm | Varsity Girls Lacrosse Practice | Purdys Field |
| Mon 04/04/2022 | 4:30 pm | 6:30 pm | Varsity Spring Track @ Blindbrook with Pawling | Blind Brook High School |
| Mon 04/04/2022 | 4:30 pm | 6:30 pm | JV Baseball @ Briarcliff | Briarcliff High School |

| Date | Start | End | Event Name | Location |
|---------------------------|--------------------|--------------------|---|--------------------------------------|
| Mon 04/04/2022 | 4:30 pm | 6:30 pm | Varsity Softball @ Valhalla | Valhalla High School |
| Mon 04/04/2022 | 4:30 pm | 6:30 pm | Varsity Baseball vs. Briarcliff | MS/HS Baseball Field |
| Tue 04/05/2022 | 2:45 pm | 4:30 pm | Modified Baseball Practice | MS Gym |
| Tue 04/05/2022 | 3:00 pm | 4:30 pm | Modified Spring Track Practice | Tompkins Field |
| Tue 04/05/2022 | 3:00 pm | 4:15 pm | Varsity Golf Practice | HSMS Grounds |
| Tue 04/05/2022 | 3:00 pm | 4:30 pm | Modified Girls Lacrosse Practice 1/2 Gym | HS Gym |
| Tue 04/05/2022 | 3:00 pm | 5:00 pm | JV Baseball Practice | MS/HS Baseball Field |
| Tue 04/05/2022 | 3:00 pm | 5:00 pm | Modified Boys Lacrosse Practice 1/2 Gym | HS Gym |
| Tue 04/05/2022 | 3:00 pm | 6:00 pm | Varsity Baseball Practice | MS/HS Baseball Field |
| Tue 04/05/2022 | 3:00 pm | 4:30 pm | Varsity Spring Track Practice | Tompkins Field |
| Tue 04/05/2022 | 3:30 pm | 4:45 pm | Varsity Softball Practice | PQ Elementary |
| Tue 04/05/2022 | 4:15 pm | 6:15 pm | Varsity Boys Lacrosse @ Hastings | Hastings High School |
| Tue 04/05/2022 | 4:30 pm | 6:30 pm | Varsity Girls Lacrosse @ Somers | Somers High School |
| Wed 04/06/2022 | 2:45 pm | 4:30 pm | Modified Baseball Practice | MS Gym |
| Wed 04/06/2022 | 3:00 pm | 4:15 pm | Varsity Golf Practice | HSMS Grounds |
| Wed 04/06/2022 | 3:00 pm | 4:30 pm | Modified Spring Track Practice | Tompkins Field |
| Wed 04/06/2022 | 3:00 pm | 4:30 pm | Modified Girls Lacrosse Practice 1/2 Gym | HS Gym |
| Wed 04/06/2022 | 3:00 pm | 4:30 pm | Varsity Spring Track Practice | Tompkins Field |
| Wed 04/06/2022 | 3:00 pm | 4:30 pm | Modified Boys Lacrosse Practice 1/2 Gym | HS Gym |
| Wed 04/06/2022 | 3:30 pm | 4:45 pm | Varsity Softball Practice | PQ Elementary |
| Wed 04/06/2022 | 3:30 pm | 6:45 pm | Varsity Golf vs. Mahopac | Salem Golf Club |
| Wed 04/06/2022 | 3:30 pm | 4:45 pm | JV Baseball Practice | MS Gym |
| Wed 04/06/2022 | 4:00 pm | 6:00 pm | Varsity Girls Lacrosse Practice | HS Gym |
| Wed 04/06/2022 | 4:00 pm | 6:00 pm | Varsity Baseball Practice | MS Gym |
| Wed 04/06/2022 | 4:30 pm | 6:30 pm | Varsity Girls Lacrosse @ Pleasantville | Pleasantville High School |
| Wed 04/06/2022 | 4:30 pm | 6:30 pm | Varsity Girls Lacrosse @ Westlake | WESTLAKE HIGH SCHOOL |
| Wed 04/06/2022 | 6:00 pm | 7:30 pm | Varsity Boys Lacrosse Practice | HS Gym |
| Thu 04/07/2022 | 2:45 pm | 4:30 pm | Modified Baseball Practice | MS Gym |
| Thu 04/07/2022 | 3:00 pm | 4:30 pm | Modified Spring Track Practice | Tompkins Field |
| Thu 04/07/2022 | 3:00 pm | 4:30 pm | Modified Girls Lacrosse Practice 1/2 Gym | HS Gym |
| Thu 04/07/2022 | 3:00 pm | 6:00 pm | Varsity Baseball Practice | MS/HS Baseball Field |
| Thu 04/07/2022 | 3:00 pm | 4:30 pm | Modified Boys Lacrosse Practice 1/2 Gym | HS Gym |
| Thu 04/07/2022 | 3:30 pm | 4:45 pm | JV Baseball Practice | MS Gym |
| Thu 04/07/2022 | 3:30 pm | 5:45 pm | Varsity Softball Practice | PQ Elementary |
| Thu 04/07/2022 | 3:30 pm | 6:00 pm | Varsity Golf @ Brewster | Centennial Golf Club |
| Thu 04/07/2022 | 3:30 pm | 4:30 pm | Varsity Girls Lacrosse Practice | W30 |
| Thu 04/07/2022 | 4:00 pm | 6:00 pm | Varsity Baseball Practice | MS Gym |
| Thu 04/07/2022 | 4:30 pm | 6:00 pm | Varsity Boys Lacrosse Practice | HS Gym |

| Date | Start | End | Event Name | Location |
|---------------------------|--------------------|--------------------|---|--|
| Thu 04/07/2022 | 5:00 pm | 7:00 pm | Varsity Spring Track vs. Putnam Valley | Tompkins Field |
| Fri 04/08/2022 | 2:30 pm | 3:45 pm | Varsity Golf Practice | HSMS Grounds |
| Fri 04/08/2022 | 2:30 pm | 4:00 pm | Varsity Boys Lacrosse Practice | Tompkins Field |
| Fri 04/08/2022 | 2:30 pm | 4:00 pm | Varsity Girls Lacrosse Practice | Volunteers Park - Soc/Lax Field |
| Fri 04/08/2022 | 2:30 pm | 4:00 pm | Modified Spring Track Practice | Tompkins Field |
| Fri 04/08/2022 | 2:30 pm | 4:30 pm | Modified Boys Lacrosse Practice 1/2 Gym | HS Gym |
| Fri 04/08/2022 | 2:30 pm | 4:30 pm | Modified Girls Lacrosse Practice 1/2 Gym | HS Gym |
| Fri 04/08/2022 | 2:45 pm | 4:30 pm | Modified Baseball Practice | MS Gym |
| Fri 04/08/2022 | 2:45 pm | 4:30 pm | Modified Baseball Practice | MS Gym |
| Fri 04/08/2022 | 2:45 pm | 4:15 pm | Varsity Spring Track Practice | Tompkins Field |
| Fri 04/08/2022 | 3:30 pm | 4:45 pm | JV Baseball Practice | MS Gym |
| Fri 04/08/2022 | 4:00 pm | 6:00 pm | Varsity Baseball Practice | MS Gym |
| Fri 04/08/2022 | 4:30 pm | 6:30 pm | JV Baseball at Albertus Magnus | Albertus Magnus High School |
| Fri 04/08/2022 | 5:00 pm | 7:00 pm | Varsity Baseball vs. Albertus Magnus | MS/HS Baseball Field |
| Fri 04/08/2022 | 5:00 pm | 7:00 pm | Varsity Girls Lacrosse @ Albertus Magnus | Albertus Magnus High School |