| Event Name | Participant | Status |
|---|--------------------------------|--------|
| Fitness Center Work Outs Grades 7-12 ONLY | Fitness Center | Active |
| Tue 09/16/2025 3:15 pm - 4:15 pm | North Salem Middle/High School | |
| MS/HS Weight Room | | |
| North Salem MS/HS | | |
| Fitness Center Work Outs Grades 7-12 ONLY | Fitness Center | Active |
| Wed 09/17/2025 3:15 pm - 4:15 pm | North Salem Middle/High School | |
| MS/HS Weight Room | | |
| North Salem MS/HS | | |
| Fitness Center Work Outs Grades 7-12 ONLY | Fitness Center | Active |
| Thu 09/18/2025 3:15 pm - 4:15 pm | North Salem Middle/High School | |
| MS/HS Weight Room | | |
| North Salem MS/HS | | |
| Fitness Center Work Outs Grades 7-12 ONLY | Fitness Center | Active |
| Thu 09/25/2025 3:15 pm - 4:15 pm | North Salem Middle/High School | |
| MS/HS Weight Room | | |
| North Salem MS/HS | | |
| Fitness Center Work Outs Grades 7-12 ONLY | North Salem Middle/High School | Active |
| Wed 10/01/2025 3:15 pm - 4:15 pm | Fitness Center | |
| North Salem MS/HS | | |
| MS/HS Weight Room | | |
| Fitness Center Work Outs Grades 7-12 ONLY | Fitness Center | Active |
| Tue 10/07/2025 3:15 pm - 4:15 pm | North Salem Middle/High School | |
| MS/HS Weight Room | | |
| North Salem MS/HS | | |
| Fitness Center Work Outs Grades 7-12 ONLY | Fitness Center | Active |
| Wed 10/08/2025 3:15 pm - 4:15 pm | North Salem Middle/High School | |
| MS/HS Weight Room | | |
| North Salem MS/HS | | |
| Fitness Center Work Outs Grades 7-12 ONLY | Fitness Center | Active |
| Tue 10/14/2025 3:15 pm - 4:15 pm | North Salem Middle/High School | |
| MS/HS Weight Room | | |
| North Salem MS/HS | | |
| Fitness Center Work Outs Grades 7-12 ONLY | North Salem Middle/High School | Active |
| Wed 10/15/2025 3:15 pm - 4:15 pm | Fitness Center | |
| North Salem MS/HS | | |
| MS/HS Weight Room | | |
| Fitness Center Work Outs Grades 7-12 ONLY | Fitness Center | Active |
| Thu 10/16/2025 3:15 pm - 4:15 pm | North Salem Middle/High School | |

| Location | | |
|---|--------------------------------|--------|
| MS/HS Weight Room | | |
| North Salem MS/HS | | |
| Fitness Center Work Outs Grades 7-12 ONLY | Fitness Center | Active |
| Tue 10/21/2025 3:15 pm - 4:15 pm | North Salem Middle/High School | |
| MS/HS Weight Room | | |
| North Salem MS/HS | | |
| Fitness Center Work Outs Grades 7-12 ONLY | North Salem Middle/High School | Active |
| Wed 10/22/2025 3:15 pm - 4:15 pm | Fitness Center | |
| North Salem MS/HS | | |
| MS/HS Weight Room | | |
| Fitness Center Work Outs Grades 7-12 ONLY | Fitness Center | Active |
| Thu 10/23/2025 3:15 pm - 4:15 pm | North Salem Middle/High School | |
| MS/HS Weight Room | | |
| North Salem MS/HS | | |
| Fitness Center Work Outs Grades 7-12 ONLY | Fitness Center | Active |
| Wed 10/29/2025 3:15 pm - 4:15 pm | North Salem Middle/High School | |
| MS/HS Weight Room | | |
| North Salem MS/HS | | |
| Fitness Center Work Outs Grades 7-12 ONLY | Fitness Center | Active |
| Thu 10/30/2025 3:15 pm - 4:15 pm | North Salem Middle/High School | |
| MS/HS Weight Room | | |
| North Salem MS/HS | | |